

VSL012BP

Vitality™ Series Selectorized

Shoulder Press



The Vitality™ Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality™ Series Shoulder Press features comfortable, oversized grips with multiple positions and an adjustable seat for proper exercise height and form. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.



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Helpful Guidance

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

Grip Variety and Size

The various grip options allow for a wide and narrow grip movements, providing exercise variety. The oversized grips provide comfort while pressing.

Get Exercising Faster

The remote start adjustment allows the exerciser to easily adjust their start position from within the machine, getting them to their workout faster.

Even Resistance with No Dead Spots

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

Specifications

Dimensions (L x W x H): 58 x 57 x 61 in / 147 x 145 x 155 cm

Equipment Weight: 454 lb / 206 kg

Weight Stack: 200 lb / 91 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl

Upholstery



Black

*Colors may vary.

